

## OBLOMOV PROJECT

Thursday, September 14, 2017

### One-day meeting of the Scientific Committee and Project Managers

*AE P7 Mr De Caro coordinator*

**10.00 a.m. – 6.00 p.m.**  
**Teatro Strehler “Meeting Room” – (1<sup>st</sup> floor)**

**10.00 -a.m. – 11.30 a.m.**

*Presentation by P1 UMIL*

Mr Antonio La Torre - Mr Jacopo Vitale

The effect of High Intensity Interval Training (HIIT) on physical inactivity and obesity; last news from HIIT  
(30 minutes)

Ms Daniela Sacco

The Open Scenario, notes on the “Oblomov Methodology”  
(30 minutes)

*Presentation of the P6 TkO*

(30 minutes)

**11.30 a.m. -1 p.m.**

*Discussion on project structure and contents to enter the school implementation phase - 2° milestone, act.  
12*

**1:00 - 2.30 p.m. Lunch Break**

**2.30 – 4.45 p.m.**

*Monitoring methodology (P3 Mr Mouton)*

**4.45 – 5. p.m. Break**

**5-6 p.m.**

*Management issues: quality management, travels, competences tools etc.*



UNIVERSITÀ DEGLI STUDI DI MILANO



- ✓ P1 UMIL - **University of Milan** (Department of Cultural Heritage and Environment; Department of Biomedical Sciences for Health; Department of Medical Biotechnology and Translational Medicine) – **ITALY**
  - Ms. Maddalena Mazzocut-Mis, *Scientific Director (Member of the Scientific Committee - SC)*
  - Mr. Antonio La Torre, *President of the Scientific Committee (SC)*
  - Mr. Enzo Nisoli (*SC Member*)
  - Ms. Daniela Sacco (*HU HEPA&TT – Hepa Theatre & Trainer – “hero”*)
  - Mr. Jacopo Vitale (*PA HEPA&TT – Hepa Theatre & Trainer – “hero”*)
  
- ✓ P2 PIC - **Fondazione Piccolo Teatro di Milano Teatro d’Europa – ITALY**
  - Ms. Laura Pasetti (*SC Member*)
  - Ms. Nathalie Martinelli (*Project Manager*)
  
- ✓ P3 ULg - **University of Liege** (Department of Sport and Rehabilitation Sciences - Sport pedagogy unit) – **BELGIUM**
  - Mr. Marc Cloes (*SC Member*)
  - Mr. Alexandre Mouton (*Post Ph.D. Researcher*)
  
- ✓ P4 JYU - **University of Jyväskylä** (Department of Sport Sciences) – **FINLAND**
  - Ms. Arja Sääkslahti (*SC Member*)
  
- ✓ P5 UTH - **University of Thessaly** (Department of Physical Education and Exercise Sciences) – **GREECE**
  - Ms. Vasiliki Zisi (*SC Member*)
  
- ✓ P6 TkO – **Tenis Klub Olympija - TkO**
  - Ms Pia Vatovec (*HU HEPA&TT – Hepa Theatre & Trainer- “hero”*)
  - Ms Raffaella Lioce (*external expert*)
  
- ✓ P7 AE - **Atelier Europeo - ITALY**
  - Mr. Eugenio De Caro (*SC Member*)
  - Ms. Beatrice Gallo, *Quality Manager*
  - Ms. Francesca Fiini, *Communication Manager*