

Certification of competences acquired in non-formal and informal contexts following to the Lombardy Region Decree n. 9380, 22/10/2012

MOD. 4 - LEVEL EQF 7

ASSESSMENT GRID OF THE PORTFOLIO OF EVIDENCES

*1=absent, 2=insufficient, 3=sufficient, 4=very good

Name of the candidate	COMPETENCE	INDICATOR OF COMPETENCE	SCORE *	LIST OF THE EVIDENCIES	EQF LEVEL 7
	1. To be able to plan Training paths based on a High Intensity and Interval strategy (HIIT)	1.1.Awareness of the scientific aims of the HIIT			The contest of experience is complex, unpredictable and involves different fields Capacity to solve unpredictable and complex situations involving knowledges from different fields. Management and transformation of the professional contexts with assessment of the performances of working groups.
		1.2. Ability to outline physical activity training opportunities based on the HIIT methodology			
		1.3. Ability to manage physical activity training paths based on the HIIT methodology			
POSITIVE EVALUATION (all the indicators at least sufficient) / WITH EXCPETIONS (% of insufficient indicators ≤ 50%) / NEGATIVE (% of insufficient indicators >50%)					
POSSIBLE ASPECTS TO INTEGRATE IN PRESENCE:					
TIPOLOGY OF IN PRESENCE TEST or PERFORMANCE					
ASSESSOR'S EXPLANATION OF THE EVALUATION:					

*1=absent, 2=insufficient, 3=sufficient, 4=very good

Name of the candidate	COMPETENCE	INDICATOR OF COMPETENCE	SCORE *	LIST OF THE EVIDENCIES	EQF LEVEL 7
	2. To be able to create an open scenario of stories in order to activate HEPA-HIIT exercises	2.1. Ability to draft and/or adjust a story			The contest of experience is complex, unpredictable and involves different fields Capacity to solve unpredictable and complex situations involving knowledges from different fields. Management and transformation of the professional contexts with assessment of the performances of working groups.
		2.2. Ability to devise a story and divide it into episodes according to the cultural context of the stakeholder involved			
		2.3. Ability to assign and distribute roles in order to direct a group to perform a story considering participants ages and specificity, time frame, space of activity, peer group, etc.			
		2.4. Capacity to link the need for HEPA-HIIT exercises with the cultural gist of a story			
POSITIVE EVALUATION (all the indicators at least sufficient) / WITH EXCPETIONS (% of insufficient indicators ≤ 50%) / NEGATIVE (%of insufficient indicators >50%)					
POSSIBLE ASPECTS TO INTEGRATE IN PRESENCE:					
TIPOLOGY OF IN PRESENCE TEST or PERFORMANCE					
ASSESSOR'S EXPLANATION OF THE EVALUATION:					

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Name of the candidate	COMPETENCE	INDICATOR OF COMPETENCE	SCORE *	LIST OF THE EVIDENCIES	EQF LEVEL 7
	3. To be able to spread out key messages on HEPA in order to impact students, families, society and local stakeholders	3.1. Awareness of the social needs of the contexts in which the DH trainer is used to operate			The contest of experience is complex, unpredictable and involves different fields Capacity to solve unpredictable and complex situations involving knowledges from different fields. Management and transformation of the professional contexts with assessment of the performances of working groups.
		3.2. Capacity to recognize/deal with emotional crisis of the trainees and/or their parents or relatives			
		3.3. Ability to measure the effectiveness of the proposed training path and to modify programs according to emerging priorities of the goals and the group			
POSITIVE EVALUATION (all the indicators at least sufficient) / WITH EXCPETIONS (% of insufficient indicators ≤ 50%) / NEGATIVE (%of insufficient indicators >50%)					
POSSIBLE ASPECTS TO INTEGRATE IN PRESENCE:					
TIPOLOGY OF IN PRESENCE TEST or PERFORMANCE					
ASSESSOR'S EXPLANATION OF THE EVALUATION:					