

OBLOMOV PROJECT

Final International Policy Conference



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Basic informations

Number of schools: 3	Number of sport clubs: 8
Primary schools: Smlednik, Valentin Vodnik & Kašelj	Clubs: Pk Olimpija (Swimming), Rk Olimpija (Handball), Ak Olimpija (Athletics), KKK Olimpija (Basketball), Jk Olimpija (Judo), Nk Olimpija (Football), KK Olimpija (Karate club), Bk Olimpija (badminton), Dance club Kazina, Bolero & Forma, Day care center (Skupaj v skupnosti), Youth centres - Mladi zmaji (Črnuce & Zalog)
Number of classes: 11 3 classes per school 20-30 children per class	Number of groups: 14 Each group consisted 15 - 40 children
Number of children involved: 202 + 42 (experimetal groups)	Number of children involved: 187 (Clubs) + 82 (Day care & Youth center)
Number of hours: 20h/class	
Number of teachers involved: 11	Number of coaches involved: 11 (Clubs), 6 (Day & Youth center) & 6 (TK Olimpija)
Story used: Peter Pan	Story used: Peter Pan

Presenting the project to the teachers (example of the our presentation)

- ▶ We introduced our selves (just a few words)
- ▶ Every teacher introduces him self (name, subject of teaching & expectetions of the projocet)
- ▶ A quick few words about project - important objectives
- ▶ Start in silence:
 - ▶ Impro.exerc. 1 - imatiting Brin
 - ▶ Impro.exerc. 2 - walking the space
 - ▶ Impro.exerc. 3 - waking the space and handshakes
- ▶ Presenting the main goal of the project
- ▶ Exercises:
 - ▶ Eye contact
 - ▶ Game of names
 - ▶ Frames game
 - ▶ Improvisation
- ▶ Sitting down and going through the whole project
- ▶ First episode
- ▶ Questions

Structure of work with regard to the group

- ▶ Most important thing when it comes to work with kids - „you never know what you get“
- ▶ Every segment of the hour had maneuvering space
- ▶ We adjusted expectations
- ▶ We decided to work with two additional groups - outside the target group
- ▶ The experimental groups were 1st class (5-6 years old) & 8 class (13-14 years)
- ▶ That gave us a better inside into the system and perception of work at certain age

Structure of work with regard to the group

- ▶ In the implementation of the project with 6th graders, (sport clubs*) & day care centres we stuck to open scenario as much as possible
- ▶ With 1st graders we worked on different principle:
 - ▶ We presented the course of the story within the episode - at the beginning
 - ▶ Re-explanation came when we set the polygon
 - ▶ Polygon represented the space of episode
- ▶ Key to succes was to get the children interested in the story at the beginning!!
- ▶ From that point on, there were no major issues - kids were focused on story



Results in school

- ▶ Positives:
- ▶ Pupils received different, dynamic lessons, superb mood, new insight of mutual cooperation
- ▶ Children realized that the way to quality and active time spent is not difficult
- ▶ They created great atmosphere and mutual cooperation
- ▶ They achieved high level of acceptance and trust through episodes and games
- ▶ Pupils worked to a great extent on the principle of the dynamics
- ▶ Teacher plays a crucial role to maintain motivation with his/her energy
- ▶ Oblomov became a part of their every day activity - with good influence on the group
- ▶ Story gave a greater sense to exercise itself and motivated them even more

Results in school

- ▶ Negatives:
- ▶ Methodology should be more flexible for the school curriculum - for selected subjects
- ▶ Creative treatment of a new learning material - school can't afford 20h in curriculum
- ▶ We need more constructive stories which are more appropriate for their age - stories with powerful message, general knowledge, evergreen stories, etc.

Results in clubs

- ▶ Clubs:
- ▶ Oblomov methodology greatly differentiate from their regular practices
- ▶ Coaches, kids & parents are to ambitious
- ▶ Intense schedule of competitions
- ▶ They don't want to risk sport specific training for Oblomov methodology
- ▶ The existing ranking lists are applicable to success of each individual club
- ▶ More success = more kids in the club = more money for clubs
- ▶ The main focus enthusiastically remains on competitions, which is stronger than deliberate actions

Results in day care centres

- ▶ Day care centres
- ▶ kids from day/youth care centres were way more excited and willing to cooperate than the kids from sport clubs
- ▶ Same goes for the staff, they didn't raise any concerns, because they are not competition orientated
- ▶ day centers are not competitions orientated as clubs - implementation of Oblomov program has been pleasant and simple
- ▶ kids, staff & parents are excited and grateful for new things and are more than willing to participate in any activity that is provided to them

Ideas for future

- ▶ Crucial informations are given by physical activities
- ▶ Child's family is the first closest source of informations
- ▶ Children exposed to a healthy growth and development



- ▶ Easier to develop a good relationship towards physical activities

„Parents play a crucial part in physical activity of the children“